

1. Most of you are starting this week! Please take lots of photographs over 1 MB and email to me. Please!
2. I'm back from vacation and can be reached normally at either email or telephone.
3. We received the FitnessGram Pacer test data back from KSU. We weren't able to show any increased cardiovascular fitness due to the Walking School Bus. I'm not sure why but the data was very inconsistent and I think that just speaks to how inconsistent elementary aged children are. For example, a child may have completed 45 reps during the first test but only 8 on the second, etc.
4. I'll have the final Walking School Bus numbers for you next week.

Thanks everyone!